

# Reading Girls' School

## Subject Curriculum Road Map – PSHE



PSHE	Term 1	Term 2	Term 3	Term 4- 5	Term 6
Year 7	Health and Wellbeing Transition and personal safety	Living in the wider World Developing skills and aspirations	Relationships Diversity	Health and Wellbeing Health and Puberty	Relationships Building positive relationships
Year 8	Health and Wellbeing Drugs and alcohol	Living in the wider World Community and careers and career aspirations	Relationships Discrimination	Health and Wellbeing Emotional wellbeing	Relationships Identity and relationships
Year 9	Health and Wellbeing Peer influence, substance use and gangs	Living in the wider World Setting goals and career aspirations	Living in the wider World Personal finances and STEM	Health and Wellbeing Mental and physical wellbeing	Relationships Healthy relationships and staying safe including online
Year 10	Health and Wellbeing Mental Health	Living in the wider World Career aspirations	Living in the wider World Financial decisions	Relationships Healthy relationships and the staying safe including online	Health and Wellbeing Managing influences
Year 11	Health and Wellbeing Building for the future	Living in the wider World Next steps	Living in the wider World Next steps	Relationships and families Communication in relationships	GCSE Exams